

Living with respiratory infections including COVID-19.

Following the Prime Minister's Living with COVID-19 announcement on Monday 21 February, you will be aware the Government has now lifted all COVID-19 restrictions.

New City College will continue to implement some safety measures as listed below and encourages staff and students to continue in following the good hygiene.

[Reducing the spread of respiratory infections, including COVID-19, in the workplace](#)

### **Hand hygiene**

Hand sanitisers are located at the entrance of each campus and in multiple places within each building. Ensure you wash your hands before eating and always avoid touching your face.

### **Respiratory hygiene – catch it, bin it, kill it.**

Tissue dispensers are distributed in multiple areas of each campus, normally near by the hand sanitisers. Bins are nearby for tissue disposal.

### **Ventilation**

Windows are to be opened to allow ventilation in all rooms and spaces.

### **COVID symptoms**

If you have symptoms of a respiratory infection, such as COVID-19, and you have a high temperature or do not feel well enough to go to work or carry out normal activities then follow normal sickness absence policy.

Staff who were formally known as Clinically Extremely vulnerable are to follow the [guidance for those who are at higher risk](#). They should also raise any concerns they may have with their line manager.