

Rouge Lunch Menu

Monday 15th – Thursday 25th April 2024

12pm - 2pm

(last orders 1.15pm)



Mondays & Wednesdays

Starter

Cream of tomato soup with bread roll
and butter **3.50**

Prawn cocktail **4.50**

Main

Chicken Milanese with cauliflower
cheese and sweet potato wedges
5.95

Battered fish with chips tartar sauce
and peas **7.50**

Cheese burger chips and coleslaw
6.50

Spicy bean burger with lime yoghurt
and salsa **5.50**
(vegetarian option)

Dessert trolley 3.50

Chocolate mousse

Tart tartan

Gateaux

Tuesdays & Thursdays

Starter

Spring Vegetable Minestrone **3.50**

A vibrant medley of seasonal vegetables including peas, asparagus, carrots, and leeks, simmered in a flavourful vegetable broth with Italian herbs and finished with a touch of fresh lemon zest. Served with warm crusty bread.

Mains

Citrus and Herb Grilled Chicken Supreme **6.50**
Tender chicken breast marinated in a zesty blend of lemon, lime, and orange juices. Served with a side of roasted baby potatoes and sautéed garlic green beans.

Beef steak club ciabatta **6.50**

Medium rare bavette steak in toasted ciabatta bread, with mustard mayo, chips and salad

Salmon Mornay **6.50**

Sustainable caught fresh fish, brought to us directly from Billingsgate market every morning. Grilled Salmon fillet served with spring greens, potatoes and mornay sauce

Mushroom and ricotta cannelloni with brown
butter and nutmeg **5.95**

Cannelloni tubes filled with creamy mushrooms and ricotta, Finished with brown butter white sauce parmesan and nutmeg

Dessert trolley 3.50

Dessert selection

*Please check our daily trolley with our fresh
desserts*

Assorted flavour Ice cream

Rouge Friday Buffet is back

9.95 per person including dessert



Rouge Restaurant, Chadwell Heath Lane, Romford, RM6 4XT Menu subject to change
(020) 8548 7441 rouge@ncclondon.ac.uk Please alert your waiting staff of any allergies