

Rouge Lunch Menu

12pm - 2pm

(last orders 1.15pm)



Mondays & Wednesdays

Starter

Leek and potato soup with Irish
soda bread

3.50

Beetroot with Halloumi salad

4.50

Main

Chicken chasseur with mash potato
and green beans

6.50

Croque Monsieur with chips and
side salad

3.95

Mediterranean fish gratins with
chefs' vegetables

5.95

Vegetable pasta bake

4.95

Dessert trolley 3.50

Eton mess cake

Bakewell tart

Chocolate roulade

Tuesdays & Thursdays

Starter

Parsnip soup with roasted
hazelnuts **3.50**

*Tasty and delicious. British parsnips silky soup
served with croutons and roasted hazelnuts*

Mains

Chicken Wellington **6.50**

*Tender chicken fillet coated with mushroom
duxelles and wrapped in puff pastry, baked to
perfection and served with gravy and seasonal
vegetables.*

Roast Beef top side with Yorkshire
Pudding **7.50**

*Succulent roast beef topside served with crispy
Yorkshire pudding, roasted potatoes, seasonal
vegetables, and rich gravy.*

Catch of the day **6.95**

*Sustainable caught fresh fish, brought to us
directly from Billingsgate market every
morning. Please ask your waiter for todays'
special*

Cheddar and chard tart with
cheese and oatmeal pastry **4.95**
*Oatmeal short crust pastry tart filled with Swiss
chard and cheddar. Served with rocket salad*

Dessert trolley 3.50

Floating islands

*Poached meringue floating on sweet creme
Anglaise*

Assorted flavour Ice cream

Rouge Friday Buffet is back

9.95 per person including dessert



Rouge Restaurant, Chadwell Heath Lane, Romford, RM6 4XT Menu subject to change
(020) 8548 7441 rouge@ncclondon.ac.uk Please alert your waiting staff of any allergies